

## **Attention Parents of *Snow Boarders*:**

In each of our first 3 Ski Trip outings to Snow Valley, one of our snow boarders has come home with a broken wrist. While there is no guarantee against injury in snow sliding sports, it is highly likely that these three injuries could have been prevented if the boys had worn their wrist guards. Instead, each boy spent the 6 weeks following their injury with their arm in a cast.

If your son doesn't already own them, I recommend that you purchase a quality wrist guard (about \$20) and encourage him to wear them while he is snow boarding. Why take the added risk of injury, and potentially be forced to spend the day in the emergency room, instead of having fun on the mountain?

**I have read the statement above, and I will:**

- 1. Make sure that my son has a wrist guard available for his use.**
- 2. Speak with him about the risk of not wearing wrist guards while snow boarding.**
- 3. Understand that the wearing of a wrist guard is a personal choice, and that my son alone is responsible for making that choice.**

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Scout Name

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Date

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Parent Signature